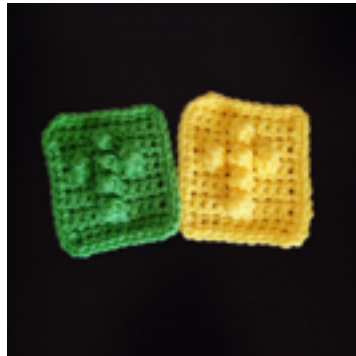




# MINI PRAYER CLOTH

EASY



## STITCH ABBREVIATIONS:

Abbreviation	Stitch
ch	chain
sc	single crochet
dc	double crochet
sl st	slip stitch
pc	popcorn stitch

\*\*\*US TERMS\*\*\*

## SPECIAL INSTRUCTIONS:

**Rows:** I indicate rows by using the letter R and the row number. Example: R1 would be row one. After each row, you will ch1, turn.

**Popcorn Stitch:** make 3 dc in the same stitch. Take hook out of last dc and leave loop hang. Insert hook into first dc (front to back, as normal) and grab the loop from last dc. Pull through first dc and ch 1. This ch 1 will not count as a stitch in the row - you will skip it when you sc in the next row. Push popcorn stitch forward to make it stick out if needed.

## MATERIALS NEEDED:

- Worsted Weight Yarn
- H Hook (5.0mm)
- Tapestry Needle





## MINI PRAYER CLOTH

*Remember: at the end of each row, ch 1 and turn.*

**R1:** ch 10. sc in 2nd ch from hook and in the next 8 ch (9 sc)

**R2:** sc across (9 sc)

**R3:** sc in next 4 sts, pc in next st, sc in next 4 sts (8 sc, 1 popcorn)

**R4:** sc across (9 sc)

**R5:** sc in next 4 sts, pc in next st, sc in next 4 sts (8 sc, 1 popcorn)

**R6:** sc across (9 sc)

**R7:** sc in next 2 sts, pc in next st, sc in next st, pc in next st, sc in next st, pc in next st, sc in next 2 sts (6 sc, 3 popcorn)

**R8:** sc across (9 sc)

**R9:** sc in next 4 sts, pc in next st, sc in next 4 sts (8 sc, 1 popcorn)

**R10:** sc across (9 sc)

**R11:** sc across. ch 1, but DO NOT turn. (9 sc)

**Finishing:** 2 sc in last st of R11, then sc evenly around the prayer cloth, making 3 sc in each corner except the first corner. Once you get back to the first corner, make 1 sc in that st (it will already have 2sc in it). Fasten off and weave in ends.



# MINI PRAYER CLOTH

## COPYRIGHT INFORMATION:

This pattern is ©2014 Southern Belle Crochet (Iris Dongo). The pattern and related photographs contained in it are property of Southern Belle Crochet. The original pattern belongs to the Sadie Sunshine Chapter of Crochet for Cancer. This is my adaptation to make a smaller, pocket sized cloth.

Please feel free to use this to make mini prayer cloths for charity or gifts. If you are looking for an organization to donate to, I highly suggest donating to any chapter of Crochet for Cancer. You can find a list of their chapters on their website (<http://crochetforcancer.org>) as well as other free patterns to make chemo caps.

If you have any questions regarding this pattern and/or the ways you are allowed to use it, please contact me: [iris@southernbellecrochet.com](mailto:iris@southernbellecrochet.com)

Original pattern can be found at: <http://hendersonmemories.blogspot.com/2013/10/prayer-shawl-ministry-pocket-prayer.html> . I encourage you to visit her blog and learn about her story.

Pocket Prayer Shawl Pattern  
by [Sharon Mondragon](#) | Dec 13,  
2019 | [Patterns](#) |

A while back I posted a blog entitled "A Pocketful of Prayer," about the tiny, portable versions of prayer shawls that my prayer shawl group makes. I recently had yet another request for the pocket prayer shawl pattern, so I'm posting it here for everyone who would like to make these small but mighty reminders of God's love:



You will need: fingering weight yarn (one skein will make many, many pocket prayer shawls)

Size 2 or size 3 needles (size 2 is just too small for some knitters. Size 3 needles will produce a slightly larger shawl, but lovely, nonetheless)

Scissors

Tapestry needle

A prayerful heart

Begin with prayer, asking God to bless your work, that it will comfort and encourage the person who will receive it.

This pocket prayer shawl is worked in garter stitch—which simply means you will work every row in the knit stitch.

Cast on 3 stitches

Knit 1, yarn over, knit to the end.

Knit every row this way until you have 35 stitches. The yarn over increases your work by 1 stitch every row, forming an ever-widening triangle. It also makes a pretty, lacy edge on the shawl.

When you have 35 stitches, you can simply bind off and weave in the ends. Thread a tapestry needle with 5 or 6 inches of yarn. Fold down the 2 "arms" of the shawl to meet at the bottom point. Insert the tapestry needle halfway down the front on the right edge, from front to back. Bring the needle up on the left edge. Remove the needle, tie the yarn in little bow and trim the ends as needed.

If you would like to have the rolled collar effect like the one on the shawl pictured below, you can use the I-cord bind off.

I-cord bind off: At the end of the last row, cast on 3 stitches. Knit 2, then slip 1 stitch to the right-hand needle. Knit 1, then pull the slipped stitch over the knit stitch. There are 3 stitches on the right-hand needle. Transfer these 3 stitches back onto the left-hand needle. When you have the last 3 stitches on the left-hand needle, slip 1 stitch to the right-hand needle, knit 2 together, then pull the slipped stitch over the knit 2 together. Cut the yarn, leaving enough of a tail to weave in, and pull the end through as in a regular bind off.

Help is at your fingertips if you need a visual tutorial. Simply Google "I-Cord Bind Off" and you will find many YouTube videos on this technique.

There it is: the pocket prayer shawl. May you have many happy hours of knitting and prayer as you make them!

## Crochet Heart Pattern

### Materials:

- US H8/5.00 mm crochet hook ([these are my absolute favorite hooks I recommend to everyone!](#))
- US G6/4.00 mm crochet hook (for the tiny hearts)
- Worsted weight yarn: red yarn (sample used Lion Brand Vanna's Choice worsted weight yarn in Scarlett)
- Scraps of worsted weight white and pink for the small hearts, sample used Vanna's Choice brand in pink and white.
- [Yarn Needle](#) and [Scissors](#)
- [Stitch Marker](#) (optional)



### Stitches and Abbreviations:

Resources and tutorials you may find helpful in following this pattern: [Crochet Abbreviations](#), [US to UK Crochet Conversion Chart](#). Find links to stitches on the “[Tutorial](#)” menu: [Getting Started](#) will show basic stitches and the [Crochet Stitch Dictionary](#) shows our growing collection of crochet stitch tutorials.

### Pattern Variations: 3 Sizes

My original crochet heart pattern is a medium size heart. This 3-row crochet heart measures 4 inches wide and 3.5 inches tall when complete. If you're looking for a smaller heart, read on for more cute options!

### Medium Crochet Heart Pattern

With red yarn and the H8/5.00 mm crochet hook, make a magic ring. WORK ALL OF ROW 1 into the magic ring as follows:

R1: ch 2, 3 tr, 4 dc, tr, 4 dc, 3 tr, ch 2. Pull magic ring almost closed and then slip stitch (sl st) into the center. Pull tight.

R2: sc in side of starting ch2, 2 hdc in next st, 3 dc in next st, 2 dc in next st, dc in next 4 st, 3 dc in next st, dc in next 4 st, 2 dc in next st, 3 dc in next st, 2 hdc in next st, sc and sl st in side of last ch 2 space.



R3: sc in next 2 st, hdc in next st, 3 hdc in next st, 2 hdc in next st, hdc in next 7 st, sc in next st, 3 sc in next st, sc, in next st, hdc in next 7 st, 2 hdc in next st, 3 hdc in next st, hdc in next st, sc in next 2 st, sl st to next st. Finish off.

### **How Do You Make a Little Heart?**

If you are looking for a smaller crochet heart you can follow the larger heart pattern and stop at row 2. This will create a similar heart shape to the large heart, but smaller. If you look at the photo, the heart on the left was made following the above directions, ending at row 2.

OR. How about THESE cute tiny crochet hearts? They are slightly different shapes. A little more oblong with a more defined point. Here you can see both the small and the tiny crochet heart. Here's how to make a tiny crochet heart.

### **How to Crochet a Tiny Heart**

Using red, pink and white yarn scraps to make these tiny hearts as follows:



Using the G6/4.00 mm crochet hook, make a magic ring. Work the following all inside the magic ring: ch2, 2 tr, 5 dc, tr, 5 dc, 2 tr, ch 2, sl st to magic ring. Carefully pull the ring tight. The stitches will form a heart shape. Fasten off and weave in ends.

Crochet 365 and Knit 2 by Cherly Bennett

[www.crochet365knittoo.com/crochet-heart-pattern/](http://www.crochet365knittoo.com/crochet-heart-pattern/)

## Pocket Prayer Cloth Crochet Pattern

### Materials

- Two contrasting colors of #4 medium worsted weight yarn. I chose I Love This Yarn in Mid Green (Color B) and I Love This Yarn in Purple (Color A).

### Tools

- 5mm (H) hook
- yarn needle
- scissors

### Instructions

#### In Color A Ch 14.

1. Row 1: SC into 2nd chain from hook and each chain across, ch 1, turn. (13)
2. Row 2: SC across, ch 1, turn. (13)
3. Row 3: SC in first 6 stitches, change to Color B, Bobble stitch in next stitch, change to Color A, SC in next 6 stitches, ch 1, turn. (13)
4. Row 4: SC across, ch 1, turn (13)
5. Row 5: SC in first 6 stitches, change to Color B, Bobble stitch in next stitch, change to Color A, SC in next 6 stitches, ch 1, turn. (13)
6. Row 6: SC across, ch 1, turn. (13)
7. Row 7: SC in first 6 stitches, change to Color B, Bobble stitch in next stitch, change to Color A, SC in next 6 stitches, ch 1, turn. (13)
8. Row 8: SC across, ch 1, turn. (13)
9. Row 9: SC in first 2 stitches, change to Color B, \*{Bobble, SC} repeat from \* 4 X, Bobble, change to Color A SC 2, ch 1, turn. (13)
10. Row 10: SC across, ch 1, turn. (13)
11. Row 11: SC in first 6 stitches, change to Color B, Bobble stitch in next stitch, change to Color A, SC in next 6 stitches, ch 1, turn. (13)
12. Row 12: SC across, ch 1, turn. (13)



13. Row 13: SC in first 6 stitches, change to Color B, Bobble stitch in next stitch, change to Color A, SC in next 6 stitches, ch 1, turn. (13)
14. Row 14: SC across, ch 1, turn. (13)
15. Row 15: SC in first 6 stitches, change to Color B, Bobble stitch in next stitch, change to Color A, SC in next 6 stitches, ch 1, turn. (13)
16. Row 16: SC across, ch 1, turn. (13)
17. Row 17: SC in first 6 stitches, change to Color B, Bobble stitch in next stitch, change to Color A, SC in next 6 stitches, ch 1, turn. (13)
18. Row 18: SC across, ch 1, turn. (13)
19. Row 19: SC across, ch 1, turn. (13)

**Border:**

1. In the first corner: \*{SC, ch1, SC},
2. Continue to SC around, crocheting one SC in each row.
3. Repeat \* for each corner.
4. Join with a slip stitch to the first SC and fasten off.
5. Weave in ends.

## Prayer Shawl Ministry - Pocket Prayer Cloth

### Pocket Prayer Cloth (Crochet Pattern)

designed by Sadie Sunshine Chapter - Crochet for Cancer

**Skill Level:** Intermediate

#### Materials Needed:

- \*\* Soft worsted weight yarn - pastel solid color
- \*\* Size F crochet hook

#### Abbreviations:

**CH** = chain

**SC** = single crochet

**DC** = double crochet

**PC** = popcorn stitch

**SL ST** = slip stitch

**YO** = yarn over

**SK** = skip a stitch



Finished size approximately 5" x 7" or smaller depending on yarn used.

#### POPCORN STITCH -

Make 3 DC in the same stitch. Take the hook out of the loop of the last DC and insert the hook in the top of first DC. Hook the loop you just dropped and draw it through the stitch. Pull tight and then CH 1. Push the popcorn stitch to the front as you go to the next SC.

**CH 18 loosely.**

**ROW 1** - Starting in the second chain from the hook, SC in each chain (17 SC total). CH 1, Turn.

**ROW 2** - SC in each stitch across (17 SC total). CH 1. Turn.

**ROW 3** - SC 8, PC 1, SC 8. CH 1. Turn.

**ROW 4** - SC in each stitch across (17 SC total). CH 1. Turn.

**ROWS 5 - 14** - Repeat rows 3 and 4 (5 times)

**ROW 15** - SC 2, PC 1, SC 1, PC 1, SC 1, PC 1, SC 1, PC 1, SC1, PC 1, SC 1, PC 1, SC 1, PC 1, SC 2. CH 1. Turn.

**ROW 16** - SC in each stitch (17 SC total). CH 1. Turn.

**ROW 17-22** - Repeat rows 3 and 4 (3 times)

**ROW 23** - SC in each stitch (17 SC total)

**BORDER** - CH 2, SC in each row, SC 3 in the corner, SC in each stitch across the bottom, SC 3 in the corner, SC in each row up the side, SC 3 in the corner, SC in each stitch across the top, SL ST in the beginning SC at the corner and finish off.

You are free to use this for any charity purpose or gifts, however, we would very much appreciate donations of finished prayer cloths to Sadie Sunshine Chapter of Crochet for Cancer, mailed to **Sadie Sunshine Chapter, PO Box 1624, Henderson, KY 42419**

You can find more information on our ministry at

[www.facebook.com/sadiesunshinechapter](http://www.facebook.com/sadiesunshinechapter)

**Thank you and God Bless You!**

Two of Hearts is pattern #6 in the [2018 Harmony Blanket Knit Along](#). Just in time for Valentine's Day, twisting cables form a pair of intertwined hearts. The pattern includes both written and charted versions of the instructions.

The [Harmony Blanket KAL](#) is a knit-along event hosted by the [Underground Crafter](#), [Creative Crochet Workshop](#), and myself. Together with a great team of guest designers, we will be bringing you 48 blanket square patterns throughout the year. Each pattern will have the same border, so that they can easily be combined into a blanket!

[Lion Brand](#) has generously provided us with their lovely [Vanna's Choice yarn](#) for free, to use for our designs. It's a washable, worsted weight acrylic yarn that's a great choice for blankets. For more information about the event and links to the patterns, be sure to visit [the main #HarmonyBlanket post](#). I hope you'll join in the fun!

## Two of Hearts



### Materials:

- 35 yds Lion Brand Vanna's Choice Yarn #146 Dusty Purple
- Size 8 (5mm) knitting needles or size needed to obtain gauge
- Cable needle
- Yarn needle

### Difficulty:

Experienced – 6 cable stitches, increases, and decreases.

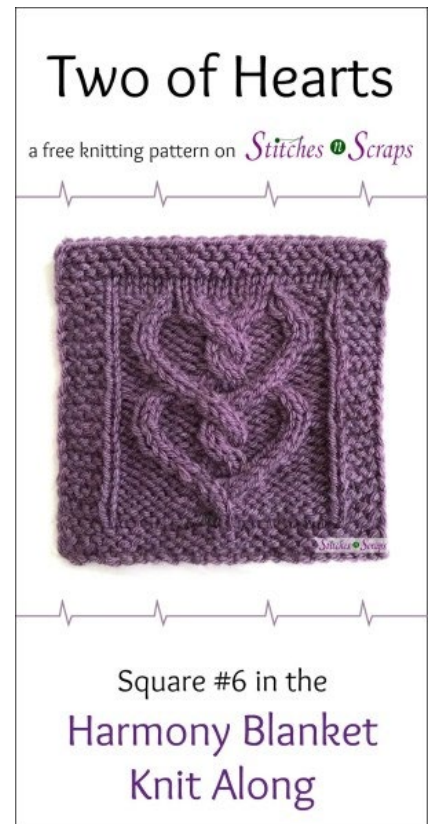
**Sizes:** 6 inch square

### Gauge:

17 sts x 25 rows = 4 inches in stockinette. Use pattern as gauge swatch – finished square should be 6 inches.

### Abbreviations used:

- k = knit
- p = purl
- sl = slip stitch knitwise with yarn in back
- ssk = slip slip knit
- k2tog = knit 2 together



- kfb = knit front and back
- 2/2 LC = 2 over 2, left crossing cable (*see Cable Stitches*)
- 2/2 RC = 2 over 2, right crossing cable (*see Cable Stitches*)
- 2/2 LPC = 2 knit over 2 purl, left crossing cable (*see Cable Stitches*)
- 2/2 RPC = 2 knit over 2 purl, right crossing cable (*see Cable Stitches*)
- 2/1 LPC = 2 knit over 1 purl, left crossing cable (*see Cable Stitches*)
- 2/1 RPC = 2 knit over 1 purl, right crossing cable (*see Cable Stitches*)
- st(s) = stitch(es)
- RS = Right Side
- WS = Wrong Side

### **Stitch multiples:**

- The pattern section is a multiple of 15 stitches plus 1, and a multiple of 10 rows.
- The garter stitch border adds 4 stitches on each side, and 4 rows on the top and bottom

### **Cable Stitches:**

2/2 LC – 2 over 2, *left crossing cable*: Slip 2 stitches onto a cable needle and drop the cable needle to the front of the work. Knit 2 from the left needle, then knit 2 stitches off the cable needle.

2/2 RC – 2 over 2, *right crossing cable*: Slip 2 stitches onto a cable needle and drop the cable needle to the back of the work. Knit 2 from the left needle, then knit 2 stitches off the cable needle.

2/2 LPC – 2 knit over 2 purl, *left crossing cable*: Slip 2 stitches onto a cable needle and drop the cable needle to the front of the work. Purl 2 from the left needle, then knit 2 stitches off the cable needle.

2/2 RPC – 2 knit over 2 purl, *right crossing cable*: Slip 2 stitches onto a cable needle and drop the cable needle to the back of the work. Knit 2 from the left needle, then purl 2 stitches off the cable needle.

2/1 LPC – 2 knit over 1 purl, *left crossing cable*: Slip 2 stitches onto a cable needle and drop the cable needle to the front of the work. Purl 1 from the left needle, then knit 2 stitches off the cable needle.

2/1 RPC – 2 knit over 1 purl, *right crossing cable*: Slip 1 stitch onto a cable needle and drop the cable needle to the back of the work. Knit 2 from the left needle, then purl 1 stitch off the cable needle.

# Two of Hearts

a free knitting pattern on *Stitches & Scraps*



Square #6 in the  
**Harmony Blanket**  
Knit Along

## Instructions:

Cast on 24

### *Garter stitch bottom border:*

Row 1 (RS): K 23, p 1

Rows 2-4: Sl 1, k 22, p 1.

### *Main section of square*

Row 5 (RS): Sl 1, k 6, kfb, k 8, kfb, k 6, p 1. (26 sts)

Row 6: Sl 1, k 3, p18, k3, p1.

Row 7: Sl 1, k 10, kfb, k 2, kfb, k 10, p 1. (28 sts)

Row 8: Sl 1, k 3, p 1, k 7, p 4, k 7, p 1, k 3, p 1.

Row 9: Sl 1, k 4, p 7, 2/2 LC, p 7, k 4, p 1.

Row 10: Sl 1, k 3, p 1, k 7, p 4, k 7, p 1, k 3, p 1.

Row 11: Sl 1, k 4, p 5, 2/2 RC, 2/2 LC, p 5, k 4, p 1.

Row 12: Sl 1, k 3, p 1, k 5, p 8, k 5, p 1, k 3, p 1.

Row 13: Sl 1, k 4, p 3, 2/2 RPC, k 4, 2/2 LPC, p 3, k 4, p 1.

Row 14: Sl 1, k 3, p 1, k 3, p 2, k 2, p 4, k 2, p 2, (k

3, p 1) twice.

Row 15: Sl 1, k 4, p 2, 2/1 RPC, p 2, 2/2 LC, p 2, 2/1 LPC, p 2, k 4, p 1

Row 16: Sl 1, k 3, p 1, k 2, p 2, k 3, p 4, k 3, p 2, k 2, p 1, k 3, p 1.

Row 17: Sl 1, k 4, p 1, 2/1 RPC, p 3, k 4, p 3, 2/1 LPC, p 1, k 4, p 1

Row 18: Sl 1, k 3, p 1, k 1, p 2, k 4, p 4, k 4, p 2, k 1, p 1, k 3, p 1.

Row 19: Sl 1, k 4, p 1, k 2, p 4, 2/2 LC, p 4, k 2, p 1, k 4, p 1

Row 20: Sl 1, k 3, p 1, k 1, p 2, k 4, p 4, k 4, p 2, k 1, p 1, k 3, p 1.

Row 21: Sl 1, k 4, p 1, 2/2 LPC, 2/2 RC, 2/2 LC, 2/2 RPC, p 1, k 4, p 1.

Row 22: Sl 1, k 3, p 1, k 3, p 12, (k 3, p 1) twice.

Rows 23-32: Repeat rows 13-22.

Row 33: Sl 1, k 5, (k 2, ssk, k 2 k2tog) twice, k 5, p 1. (24 sts)

Row 34: Sl 1, k3, p16, k 3, p1.

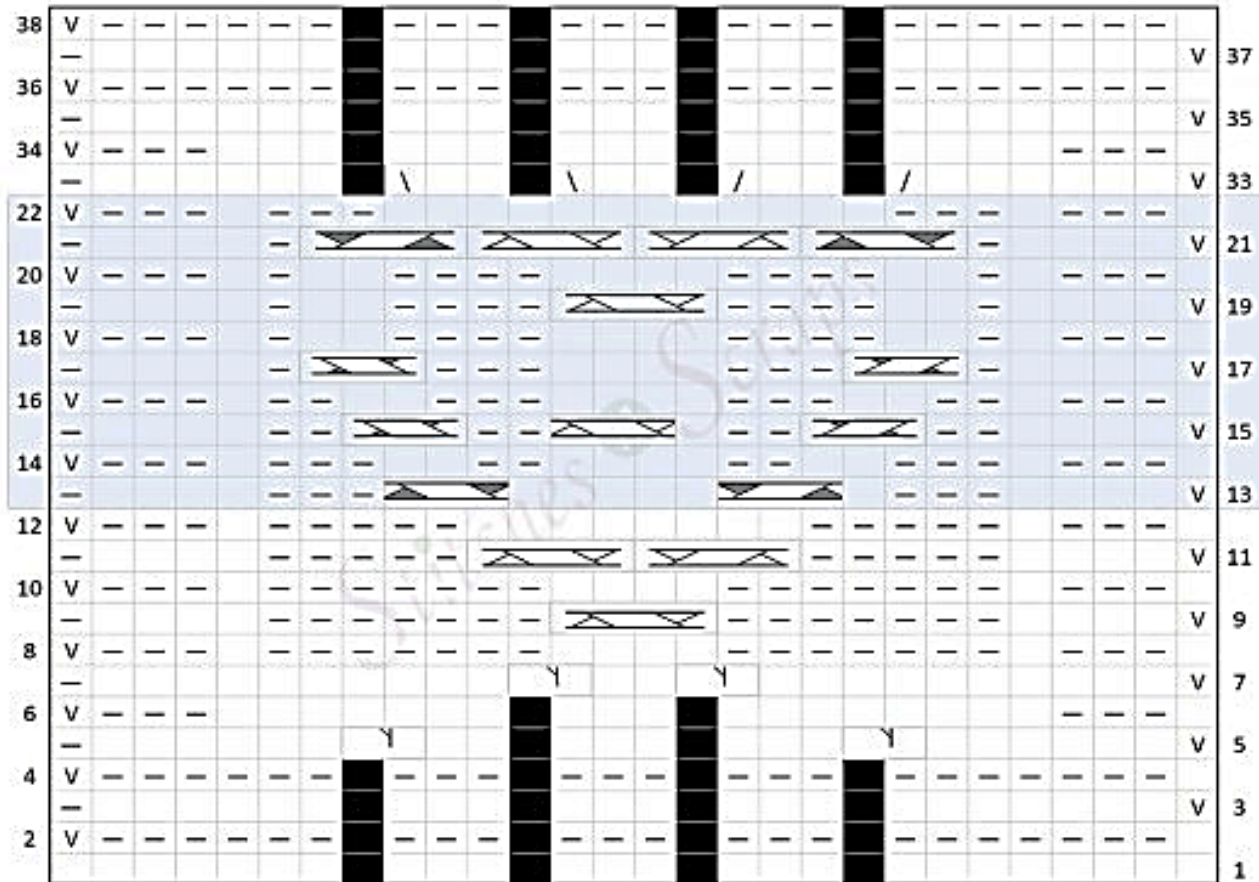
### *Garter stitch top border:*

Rows 35-38: Repeat row 2.

Bind off all stitches and weave in ends.










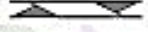



# Chart:

## Two of Hearts Harmony Blanket Square #6



Work  
twice

### Symbol key

	Knit on right side, purl on wrong side		2/2 LC: Slip 2 to cable needle, hold in front, knit 2, knit 2 from cable needle
	Purl on right side, knit on wrong side.		2/2 RC: Slip 2 to cable needle, hold in back, knit 2, knit 2 from cable needle
	No stitch		2/2 LPC: Slip 2 to cable needle, hold in front, purl 2, knit 2 from cable needle
	Slip knitwise with yarn at back		2/2 RPC: Slip 2 to cable needle, hold in back, knit 2, purl 2 from cable needle
	Slip Slip Knit (ssk)		2/1 LPC Slip 2 to cable needle, hold in front, purl 1, knit 2 from cable needle
	Knit 2 together (k2tog)		2/1 RPC Slip 1 to cable needle, hold in back, knit 2, purl 1 from cable needle
	Knit front and back (kfb)		



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## Wholehearted Prayer Square

by Will Gillespie

*Heartfelt thanks to waldonia (Ravelry name) for inspiring this interfaith variation of a prayer square.*

*This prayer square uses double knitting to create a fully reversible heart design. Its texture invites you to hold it and trace its surface as you spend moments in reflection. Small enough to slip into a pocket, the square is useful to take with you through life as a tactile aid for prayer or meditation.*

### Needles, Notions, and Notes

- US 7 or 8 (4.5 or 5 mm) needles (straight or circular is fine) or your preferred needle size to work garter stitch. Gauge in garter stitch-based pattern = 4 sts per inch; blocked square is 3.75" x 3.75"
- 6 to 10g (12 to 20yds) of solid color, worsted weight yarn; select a yarn that wears well and feels good under your fingers to invite handling. Samples shown: Berroco Vintage (color 5120 Gingham); Harrisville Designs Highland (light pink: Color 34 Aster; dark pink: Color 35 Chianti)
- optional locking stitch marker (to indicate RS); or, note location of tail for RS / WS reference

Can be worked on different sized needles and yarn; simply use needles that would typically pair with the weight yarn you have chosen to yield a pleasing fabric. For instance, using sport weight yarn and US 5 or 6 needles would yield a smaller square. Yardage may vary.

*The cast on edge may tend to be smaller than the rest of fabric, especially if piece remains unblocked. Two strategies to address this in the knitting are to use needles for the cast on that are 1 or 2 sizes larger than the main needle size used, or to try a cast on with more body than the long-tail method, such as the knitted or cabled cast-on or a German twisted cast-on.*

### Glossary

**k** - Knit.

**kfb** - Knit into the front of the stitch, leaving the stitch on the needle, and then knit into the back of the same stitch. Increases 1 stitch

**k1-sl1wyif** - Knit one stitch, slip next stitch purlwise with yarn in front. Return yarn to back of work.

**RS** - right side / side of work on which all shaping takes place

**ssk** - Slip 2 stitches knitwise, then knit slipped stitches together. Decreases 1 stitch

**st(s)** - stitch(es)

**WS** - wrong side / side of work on which no stitches are added or removed

©Will Gillespie 2019 To contact the designer, email [willygknitter@gmail.com](mailto:willygknitter@gmail.com)

You may copy and share this pattern free of charge for charitable causes, if you credit the designer.

May you be strengthened on your journey in courage, humility, and compassion.

## Wholehearted Prayer Square Directions

Underlined sections indicate the double-knit heart.

*Repeated rows are followed by a little mini-tracker to help with counting rows.*

Cast on 15 stitches using preferred method (see note about cast on edge). Turn work, note location of tail to mark RS row; or, place locking stitch marker in first stitch before working Row 1.

**Rows 1-2:** K15.

**Row 3 (RS):** K7, kfb, k7. (16 sts)

**Rows 4-6:** K7, k1-sl1wyif, k7. (16 sts)

**WS, / RS, WS**

**Row 7 (RS):** K6, kfb, k1-sl1wyif, kfb, k6. (18 sts)

**Row 8 (WS):** K6, k1-sl1wyif 3 times, k6. (18 sts)

**Row 9 (RS):** K5, kfb, k1-sl1wyif 3 times, kfb, k5. (20 sts)

**Rows 10-12:** K5, k1-sl1wyif 5 times, k5. (20 sts)

**WS, / RS, WS**

**Row 13 (RS):** K4, kfb, k1-sl1wyif 5 times, kfb, k4. (22 sts)

**Row 14 (WS):** K4, k1-sl1wyif 7 times, k4. (22 sts)

**Row 15 (RS):** K3, kfb, k1-sl1wyif 7 times, kfb, k3. (24 sts)

**Rows 16-22:** K3, k1-sl1wyif 9 times, k3. (24 sts)

**WS, / RS, WS, / RS, WS, / RS, WS**

**Row 23 (RS):** K3, k1-sl1wyif 4 times, ssk, k1-sl1wyif 4 times, k3.  
(23 sts)

**Row 24 (WS):** K3, k1-sl1wyif 4 times, k1, k1-sl1wyif 4 times, k3.  
(23 sts)

**Row 25 (RS):** K3, ssk, k1-sl1wyif twice, ssk, k1, ssk,  
k1-sl1wyif twice, ssk, k3. (19 sts)

**Row 26 (WS):** K4, k1-sl1wyif twice, k3, k1-sl1wyif twice, k4.  
(19 sts)

**Row 27 (RS):** K4, ssk twice, k3, ssk twice, k4. (15 sts)

**Rows 28-29:** K15.

**WS, / RS**

**Row 30 (WS):** Bind off 15 sts: k1; \*k1, pass previous st over st just worked, repeat from \* to end, being careful to keep tension loose enough for piece to lie flat. Proceed to finishing.

## Finishing

After finishing bind off row, break yarn, weave in tails, and add tassel at cast on edge centered below the bottom of the heart. Wet or steam block finished piece, pinning into shape, for a clean-looking finish. If using a yarn with animal fiber such as wool, wet block (soak, squeeze out excess, pat to shape, dry). If using an acrylic or similar fiber, steam block (pin to shape, steam with steam setting on an iron, hand pat as needed).

Feel free to embellish with crochet or embroidery to personalize the design! If desired, you could *lightly* stuff the heart (with short bits of yarn, wool fluff, lavender, etc.) after row 21 by slipping the slipped stitches to a separate cable needle during half of the underlined section. On row 22, work each separated k1-sl1wyif as follows: k1 from cable needle, slip next stitch on left needle purlwise to right needle. *Overstuffing the heart may make it more difficult to tuck into a pocket.*

## Easy tassel method

Fold a 4-foot length of yarn into four lengths of about 12" long. Fold this bundle in half for tassel. Insert crochet hook through center of cast on row, catch fold in tassel strands, and pull through enough to make a loop; now use crochet hook to catch up all tassel strands and pull them through the loop. If your cast on tail is long enough, you can weave to the center and thread it into the tassel. Tighten and adjust as needed, and trim ends to desired length.

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